



POP TAB CHALLENGE

Ronald McDonald House Charities® of Central and Northern Arizona

SCHOOL REGISTRATION PACKET

Ronald McDonald House Charities of Central and Northern Arizona (RMHCCNAZ) is a “home-away-from-home” for families who must travel to the Valley for medical care for their children. Every day, the House provides a place for families to stay together and close to the medical resources in times when they need each other most.

The Pop Tab Challenge rallies students and schools from across the state together in support of the families RMHCCNAZ serves. Collecting pop tabs is a wonderful way to show students how small actions can have a significant impact in their community!

JOIN THE CHALLENGE TODAY!



Ronald McDonald House Charities of Central and Northern Arizona
501 East Roanoke Avenue | Phoenix, AZ 85004 | 602-264-2654 | rmhccnaz.org

2025-2026 Rules

- Each school must submit an official registration form to participate in the 2025-26 Pop Tab Challenge. Registration form must be received before tabs will be accepted as part of a school's total.
- The contest will run through May 1, 2026.
- Tabs may be dropped off at the front office of our Roanoke House in Phoenix from 9am to 7pm, seven days a week

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**Please contact us to arrange drop off at the other two Houses.*

2025-2026 Guidelines

- August: Forms are posted online and the contest starts! Tabs will now be accepted from schools.
- May 1, 2026: End of the Pop Tab Challenge.
- May 8, 2026: Winners announced on or before this date.
- Remember - Registration must be submitted before tabs will be accepted as part of a school's total.

- Don't live in the Phoenix area? No problem! Tabs may also be dropped off directly at your local scrap metal recycler. Then send the proceeds of your donation directly to the House! Regardless of the recycler you choose, please be sure to send us a copy of your receipt and a drop-off form.
- Receipts can be mailed to the RMHCCNAZ offices with your school name and contact information. Don't forget to specify that your donation is for the Ronald McDonald House Charities of Central and Northern Arizona Pop Tab Challenge.
- Each school is responsible for transporting their pop tabs, and recording the correct weight of the tabs dropped off to Ronald McDonald House® on the Pop Tab Donation Form upon drop-off. Copies of the donation form are included at the end of this packet for your convenience. This must be done each time tabs are dropped off in order to have your tabs counted.
- Winning schools will be announced in the below categories:
 - The school that collects the most pop tabs by weight.
 - The school that collects the most pop tabs per student.

For questions, or more information, please contact Development@rmhccnaz.org

TIPS + TRICKS

Aluminum vs Steel

While all can tabs may look the same, they do not all "act" the same! Most soda tabs are made of aluminum, but sometimes other can tabs (such as cat food and soup) are made out of steel. When we turn our bins in to the recycler, too many steel tabs mixed in with the aluminum can downgrade the entire bin, decreasing the amount of money we receive. Because of this, it is very important that your students know how to tell the difference.



As a rule of thumb...
If it sticks to a magnet, it is not aluminum.
Usually these "sticky" tabs are steel.
This can be a fun science lesson!



Collection Containers

We encourage schools to get their students involved by creating their own collection containers! Coffee cans, shoe boxes, and even plastic containers work great. This also provides a great opportunity to reuse other household items.

While you can collect the tabs in whatever you want, we ask that you turn them in using containers that are easy to empty. This does NOT include milk jugs, liter bottles, water jugs, or any similar container. Trash bags and/or Ziploc bags are a great option.

Promoting the Challenge

The Pop Tab Challenge not only helps students learn about supporting their community, it is also a great way to get the whole family involved! Student take-home flyers and school posters announcing the Pop Tab Challenge are available to promote the challenge and will be emailed to your school's representative upon registration.

**May 1, 2026 is the
last day to drop off
tabs towards your
school's total!**

Check out our Wishlists!

<https://rmhccnaz.org/wishlist/>

For more information on our wishlists
please contact Jen Donnelly, Volunteer
Manager, at jdonnelly@rmhccnaz.org

2025-2026 POP TAB SCHOOL REGISTRATION FORM



To be eligible to participate, each school must submit an official registration form before tabs will be accepted as part of the school's total:

By Mail:

Ronald McDonald House Charities of Central and Northern Arizona
Attn: Administrative Coordinator
501 E Roanoke Avenue
Phoenix AZ, 85004

Email:

development@rmhccnaz.org

School Information

NAME OF SCHOOL _____

ADDRESS _____

CITY _____

Did your school participate in the Pop Tab Challenge last year? Yes / No

SCHOOL CONTACT NAME _____

PHONE NUMBER _____ EMAIL _____

NAME OF PRINCIPAL _____

NUMBER OF CURRENTLY ENROLLED STUDENTS _____

Will all of the students be participating in the CHALLENGE? Yes / No

(If no, please note how many students will actually be participating.) _____

I certify that this is the number of students currently enrolled in the above named school and I have read and agree to the Pop Tab Challenge rules.



**Ronald McDonald
House Charities®**
Central & Northern Arizona

School Contact Signature

Date

**May 1, 2026 is the last day to drop
off tabs towards your school's total!**

Pop Tab Donation Form 2025-2026



Date ____ / ____ / ____ PopTab Donation (in lbs.) _____

Donor _____

(School, Company, Service Group, Organization, Individual, etc.)

Contact Person _____

(If different than above.)

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ Email _____

For Schools Only:

Are you registered to participate in this year's Pop Tab Challenge? Yes / No

If yes, should these tabs count towards your school's overall totals? Yes / No

If no, would you like to register your school to officially participate

in this year's Pop Tab Challenge? Yes / No

(We will email you a registration packet so you can participate.)

Thank you for supporting Ronald McDonald House Charities of Central and Northern Arizona

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