



# POP TAB CHALLENGE

Ronald McDonald House Charities® of Central and Northern Arizona

## SCHOOL REGISTRATION PACKET

Ronald McDonald House Charities of Central and Northern Arizona (RMHCCNAZ) is a “home-away-from-home” for families who must travel to the Valley for medical care for their children. Every day, the House provides a place for families to stay together and close to the medical resources in times when they need each other most.

The Pop Tab Challenge rallies students and schools from across the state together in support of the families RMHCCNAZ serves. Collecting pop tabs is a wonderful way to show students how small actions can have a significant impact in their community!

**JOIN THE CHALLENGE TODAY!**



Ronald McDonald House Charities of Central and Northern Arizona  
501 East Roanoke Avenue | Phoenix, AZ 85004 | 602-264-2654 | [rmhccnaz.org](http://rmhccnaz.org)

# 2024-2025 Rules

- Each school must submit an official registration form to participate in the 2024-25 Pop Tab Challenge. Registration form must be received before tabs will be accepted as part of a school's total.
- The contest will run through May 1, 2025.
- Tabs may be dropped off at the front office of our Roanoke House in Phoenix from 9am to 7pm, seven days a week
- .

\*Please contact us to arrange drop off at the other two Houses.

## 2024-2025 Guidelines

- August: Forms are posted online and the contest starts! Tabs will now be accepted from schools.
- May 1, 2025: End of the Pop Tab Challenge.
- May 8, 2025: Winners announced on or before this date.
- Remember - Registration must be submitted before tabs will be accepted as part of a school's total.

- Don't live in the Phoenix area? No problem! Tabs may also be dropped off directly at your local scrap metal recycler. Then send the proceeds of your donation directly to the House! Regardless of the recycler you choose, please be sure to send us a copy of your receipt and a drop-off form.
- Receipts can be mailed to the RMHCCNAZ offices with your school name and contact information. Don't forget to specify that your donation is for the Ronald McDonald House Charities of Central and Northern Arizona Pop Tab Challenge.
- Each school is responsible for transporting their pop tabs, and recording the correct weight of the tabs dropped off to Ronald McDonald House® on the Pop Tab Donation Form upon drop-off. Copies of the donation form are included at the end of this packet for your convenience. This must be done each time tabs are dropped off in order to have your tabs counted.
- Winning schools will be announced in the below categories:
  - The school that collects the most pop tabs by weight.
  - The school that collects the most pop tabs per student.

For questions, or more information, please contact Jen Donnelly, Volunteer Manager, at [jdonnelly@rmhccnaz.org](mailto:jdonnelly@rmhccnaz.org) or (602) 798-5093.

# TIPS + TRICKS

## Aluminum vs Steel

While all can tabs may look the same, they do not all "act" the same! Most soda tabs are made of aluminum, but sometimes other can tabs (such as cat food and soup) are made out of steel. When we turn our bins in to the recycler, too many steel tabs mixed in with the aluminum can downgrade the entire bin, decreasing the amount of money we receive. Because of this, it is very important that your students know how to tell the difference.



As a rule of thumb...  
If it sticks to a magnet, it is not aluminum.  
Usually these "sticky" tabs are steel.  
This can be a fun science lesson!



## Collection Containers

We encourage schools to get their students involved by creating their own collection containers! Coffee cans, shoe boxes, and even plastic containers work great. This also provides a great opportunity to reuse other household items.

While you can collect the tabs in whatever you want, we ask that you turn them in using containers that are easy to empty. This does NOT include milk jugs, liter bottles, water jugs, or any similar container. Trash bags and/or Ziploc bags are a great option.

## Promoting the Challenge

The Pop Tab Challenge not only helps students learn about supporting their community, it is also a great way to get the whole family involved! Student take-home flyers and school posters announcing the Pop Tab Challenge are available to promote the challenge and will be emailed to your school's representative upon registration.

**May 1, 2025 is the  
last day to drop off  
tabs towards your  
school's total!**

### **Check out our Wishlists!**

<https://rmhccnaz.org/wishlist/>

For more information on our wishlists please contact Jen Donnelly, Volunteer Manager, at [jdonnelly@rmhccnaz.org](mailto:jdonnelly@rmhccnaz.org)

# 2024-2025 POP TAB SCHOOL REGISTRATION FORM



To be eligible to participate, each school must submit an official registration form before tabs will be accepted as part of the school's total:

**By Mail:**

Ronald McDonald House Charities of Central and Northern Arizona  
Attn: Administrative Coordinator  
501 E Roanoke Avenue  
Phoenix AZ, 85004

**Email:**

development@rmhccnaz.org  
or jdonnelly@rmhccnaz.org

## School Information

NAME OF SCHOOL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

Did your school participate in the Pop Tab Challenge last year? Yes / No

SCHOOL CONTACT NAME \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_ EMAIL \_\_\_\_\_

NAME OF PRINCIPAL \_\_\_\_\_

NUMBER OF CURRENTLY ENROLLED STUDENTS \_\_\_\_\_

Will all of the students be participating in the CHALLENGE? Yes / No

(If no, please note how many students will actually be participating.) \_\_\_\_\_

I certify that this is the number of students currently enrolled in the above named school and I have read and agree to the Pop Tab Challenge rules.



Ronald McDonald House Charities®  
Central & Northern Arizona

\_\_\_\_\_  
School Contact Signature

\_\_\_\_\_  
Date

**May 1, 2025 is the last day to drop off tabs towards your school's total!**

