



# Dinnertime Heroes

The Dinnertime Heroes program is a terrific way to make a generous contribution of your time and favorite family recipe. The following guidelines will help your group plan for a fun time at our House.

## WHO CAN VOLUNTEER?

- We invite groups of up to 6 to serve dinner. Larger groups are welcome to break up into up into smaller groups to prepare dinner at multiple Houses.
- Volunteers **MUST** be 16 years of age or older.
- Volunteers are required to be fully vaccinated against COVID-19 in order to participate.
- We ask volunteers to remain masked for the duration of their serve.

## WHAT SHOULD I COOK?

- The menu is completely up to you! Groups tend to prepare a lot of pasta dishes, so we encourage variety! Some of our family favorites include:
  - Loaded Maccaroni and Cheese
  - Sloppy Joes
  - Breakfast Burritos
  - Loaded Baked Potatoes
  - BBQ
  - Casseroles
  - Hamburgers and Hot Dogs
  - Tacos
  - Chicken
- Dessert and non-alcoholic drinks are optional but always welcome!

## WHAT SHOULD I BRING?

- Participants are required to supply the food, drinks, disposable plates/cups/utensils needed for the meal.
- Our kitchens are equipped with all reasonable cooking necessities.
- Barbecue grills are available at the Roanoke and Dobson campuses.
- Meal preparation must be done on-site unless prepared in a commercial kitchen and brought in.
- We ask that all dinner groups also provide plastic storage containers to leave the leftovers.

## WHAT ELSE SHOULD I KNOW?

- Dinners are served at each campus at 6:00pm. Please plan your arrival time based on this.
- We request your group clean up the kitchen and dining room after dinner and take out the trash.
- Our families spend a majority of their time with their children. If they miss a dinner, they look forward to returning to the House for leftovers.
- The actual number of family members attending a meal may vary. Our Volunteer Manager will reach out the week of your scheduled date to verify the number of people to expect.

