



Dinnertime Heroes

The Dinnertime Heroes program is a terrific way to make a generous contribution of your time and favorite family recipe. The following guidelines will help your group plan for a fun time at our House.

WHO CAN VOLUNTEER?

- We love volunteer groups of all sizes! Larger groups are welcome to break up into smaller groups to prepare dinner at multiple Houses.
- Volunteers **MUST** be 16 years of age or older.
- Volunteers are required to be fully vaccinated against COVID-19 in order to participate (verified upon arrival on day of service).
- We ask volunteers to remain masked for the duration of their service.

WHAT SHOULD I COOK?

- The menu is completely up to you! Groups tend to prepare a lot of pasta dishes, so we encourage variety! Some of our family favorites include:
 - Loaded Macaroni and Cheese
 - Sloppy Joes
 - Breakfast Burritos
 - Loaded Baked Potatoes
 - BBQ
 - Casseroles
 - Hamburgers and Hot Dogs
 - Tacos
 - Chicken
- Dessert and non-alcoholic drinks with ice are optional but always welcome!

WHAT SHOULD I BRING?

- Participants are required to supply the food, drinks, disposable plates/cups/utensils/napkins, and baking materials needed for the meal. (Don't forget spices, salt, pepper, and paper towels!)
- Barbecue grills are available at the Roanoke and Dobson campuses.
- Meal preparation must be done on-site unless prepared in a commercial kitchen and brought in.
- We ask that all dinner groups also provide plastic storage containers to leave the leftovers.

WHAT ELSE SHOULD I KNOW?

- Dinners are served at each campus at 6:00pm. Please plan your arrival time based on this.
- Dinners are served buffet style.
- We request your group clean up the kitchen and dining room after dinner.
- Our families spend a majority of their time with their children. If they miss a dinner, they look forward to returning to the House for leftovers.
- The actual number of family members attending a meal may vary. Our Volunteer Manager will reach out the week of your scheduled date to verify the number of people to expect.



Ronald McDonald House Charities® of Central and Northern Arizona

501 East Roanoke Avenue | Phoenix, AZ 85004 | (602) 264-2654 | rmhccnaz.org



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Each of our three Houses has slightly different needs and available resources available. Please read below to learn more about the dinner meal program at each location.

ROANOKE | 501 E. ROANOKE AVE, PHOENIX, AZ 85004

EQUIPMENT

- 2 traditional range tops, 2 ovens, 2 microwaves
- Outdoor gas grill
- Assorted pots and pans, knives, cooking/serving utensils, assorted counter-top appliances
- Indoor and outdoor patio seating

OTHER CONSIDERATIONS

- Please limit the number of people in your group to no more than 6 people.
- Parking: Please park along the 5th Street cul-de-sac or on Roanoke.

CAMBRIDGE | 1980 E. CAMBRIDGE AVE, PHOENIX, AZ 85006

EQUIPMENT

- 2 traditional range top ovens, 2 microwaves
- Assorted pots and pans, knives, cooking/serving utensils, assorted counter-top appliances
- Indoor dining room seating

OTHER CONSIDERATIONS

- Please limit the number of people in your group to no more than 6 people.
- Parking: Once you have unloaded your food, please park in the free garage west of the House.

DOBSON | 2225 W SOUTHERN AVE, MESA, AZ 85202

EQUIPMENT

- 2 traditional range top ovens, 2 microwaves
- Charcoal grill
- Assorted pots and pans, knives, cooking/serving utensils, assorted counter-top appliances
- Indoor and outdoor patio seating

OTHER CONSIDERATIONS

- Please limit the number of people in your group to no more than 6 people.
- Parking: Please park in the lot located directly in front of the House.

For questions, please contact Volunteer Manager Jen Donnelly at jdonnelly@rmhccnaz.org or (602)798-5093.



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