



DINNERTIME HEROES

Ronald McDonald House Charities® of Central and Northern Arizona

The Dinnertime Heroes program is a terrific way to make a generous contribution of your time and favorite family recipe. The following guidelines will help your group plan for a fun time at our House.



WHO CAN VOLUNTEER?

We love volunteer groups of all sizes! Larger groups are welcome to break up into smaller groups to prepare dinner at multiple Houses. Maximum of 12 volunteers per shift at our Roanoke House, and a maximum of 6 volunteers at our Cambridge and Dobson Houses.

Volunteers MUST be 14 years of age or older. Volunteers under 18 must have a chaperone.

WHAT SHOULD I COOK?

The menu is completely up to you! Groups tend to prepare a lot of pasta dishes, so we encourage variety! Some of our family favorites include:

- Loaded Maccaroni and Cheese
- Sloppy Joes
- Breakfast Burritos
- Loaded Baked Potatoes
- Casseroles
- Hamburgers and Hot Dogs
- Chicken
- Tacos

Dessert and non-alcoholic drinks are optional but always welcome!

WHAT SHOULD I BRING?

All Houses have 2 traditional range tops, 2 ovens, 2 microwaves, assorted pots and pans, knives, cooking/serving utensils, assorted countertop appliances. The Roanoke and Dobson Houses both have gas grills.

Participants are required to supply the food, disposable plates/utensils/napkins, and baking materials needed for the meal. Don't forget spices.

Meal preparation must be done on-site unless prepared in a commercial kitchen and brought in.

We ask that all dinner groups also provide storage containers to leave the leftovers for families to enjoy when they return to the House.

WHAT ELSE SHOULD I KNOW?

Dinners are served at each House from 6:00 PM – 7:00 PM. Please plan your arrival time accordingly.

Dinners are served buffet style.

We request your group clean up the kitchen and dining room after dinner.

Our families spend a majority of their time with their children. If they miss a dinner, they look forward to returning to the House for leftovers.

The actual number of family members attending a meal may vary. Our Volunteer Manager will reach out the week of your scheduled date to verify the number of people to expect.

We understand things happen. We ask that you please provide us with a cancellation notice 48 hours in advance.

Our families depend on dinner every night. Should you need to cancel please consider ordering takeout for the evening. Suggested Locations: Panera, Chipotle, Jimmy John's, Port of Subs. Thank you!

LOCATIONS

ROANOKE

501 E. ROANOKE AVE, PHOENIX, AZ 85004

MAXIMUM OF 12 VOLUNTEERS PER SHIFT

PARKING: Please park along the 5th Street cul-de-sac or on Roanoke.

CAMBRIDGE

1980 E. CAMBRIDGE AVE, PHOENIX, AZ 85006

MAXIMUM OF 6 VOLUNTEERS PER SHIFT

PARKING: Once you have unloaded your food, please park in the Cambridge Garage west of the House.

DOBSON

2225 W SOUTHERN AVE, MESA, AZ 85202

MAXIMUM OF 6 VOLUNTEERS PER SHIFT

PARKING: Please Park in the lot located directly in front of the House.



For questions, please contact Volunteer Manager Jen Donnelly at jdonnelly@rmhccnaz.org or (602)798-5093.



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