

A Year of Growth and Impact:

RMHCCNAZ in 2023

2023 was an incredible year for Ronald McDonald House Charities® of Central and Northern Arizona. Together, with our community partners, we provided essential services that removed barriers, strengthened families, and promoted healing when children needed healthcare.

In 2023, we served more families than ever before.

- 2,171 families visits, up 45% from 2022.
- •20,400 nights of rest, up 31% from 2022.
- A home-away-from-home was provided for 1,208 families, up 20% from 2022.
- The average distance families traveled who stayed with us was 301 miles.

Pediatric healthcare is a tough business. Reimbursement rates are lower, treatment is more complicated and requires more resources, and an increase in demand for children who need behavioral health services all add to the challenges for pediatric providers. More and more families are having to travel hundreds of miles to receive medical treatment and care for their children.

What would it cost families if RMHCCNAZ didn't exist? This year, we looked at the cost of lodging and meals/incidentals families would endure when forced to travel for pediatric medical care away from home.

Lodging: The Arizona Office of Tourism Statewide Lodging Performance, Fourth Quarter 2023, shared the average daily rate of a hotel was \$165.75.

\$165.75 X 20,400 nights of rest = \$3,381,300

Meals/Incidentals: The U.S. General Services Information for Phoenix/Scottsdale, Fourth Quarter 2023, was \$69.00 per day.

\$69.00 X 52,120 volunteer meals served in 2023 = \$3,596,280

The total benefit for families in 2023 was \$6,977,580!

With mounting medical bills and basic life expenses, we know most families would not be able to afford to stay in hotels, purchase meals, and incidentals while away. For many families, this would mean sleeping in a vehicle or bedside and eating out of vending machines. Not ideal. Not healthy. Not safe.

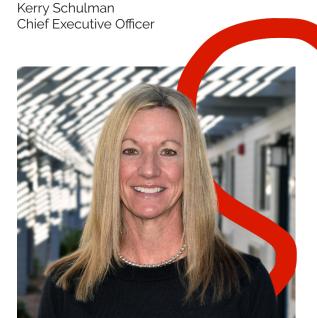
Our team takes immense pride in offering families a safe and comfortable place to stay, healthy meals and snacks, the ability for families to stay together, and the chance to meet and bond with other families who are also experiencing challenging times.

We had an incredible year. We helped thousands of families when they needed us. All services and resources are provided at no cost to our guest families. Ever.

Together, we have made a difference in the lives of others.

Thank you,

Keny Schulman



2023 Family Impact



1,208 families provided a "home-awayfrom-home"



88% families served from Arizona



20,400 nights of rest



9 nights
average
family stays





60,728 visits to the house since 1985

Families Traveled From



301 miles average distance



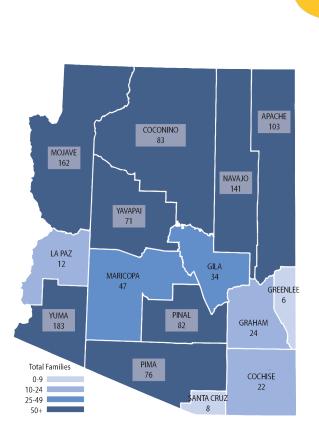
5 international



Arizona counties



states









Total individual volunteers

2,006

Total individual meals provided to families

52,120

Total volunteer hours

6.200

Value of Volunteer Service

\$191,372

*Source: Independent Sector values volunteers service at \$31.80/hour



Arizona Tax Credit

Support your Favorite Charity and Get a Credit Back!

Under the Arizona Charitable Tax Credit Law (ARS43-1088), donations to Ronald McDonald House Charities of Central and Northern Arizona qualify for the Credit for Donations Made to Qualifying Charitable Organizations program in Arizona. That means you can receive a dollar-for-dollar tax credit on your state income taxes. Single Taxpayer or Head of Household.

Up to \$938 Maximum

Up to \$470 Maximum Married Couples Filing Jointly Filing as Single or Head of Household

How does it work?

Donate all at once, or spread your gift out over the year. Gifts through tax day in April can count toward the previous year's return. When you complete your state tax return, simply indicate our Qualifying Charitable Organization (QCO) code - 20400 to take the credit. Consult your tax advisor for details and advice on your specific situation.



Volunteer





Donate





Organize a fundraiser

Your Time

Monthly Donor Wish List Items Corporate Partner

To learn about more opportunities to support the House, please visit rmhccnaz.org/get-involved



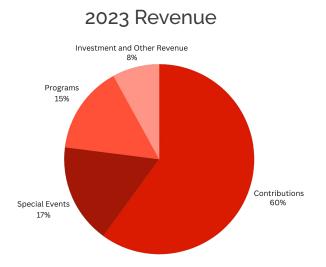


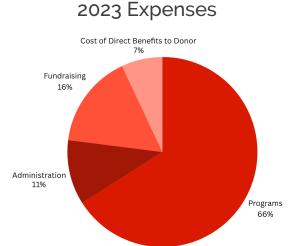


TOP 5 Diagnoses

- Neurology/Neurosurgery
- Neonatal and Perinatal Medicine
- Hematology and Oncology
- Cardiology/Cardiac Surgery
- Gasteroenterology and Hepatology

FinancialBreakdown

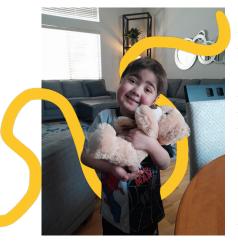




Yuma Mom Creates Hospital Room **Surprise For Five-Year-Old Cash**

Five-year-old Cash loves building miniature volcanoes with his mom, Tamara Lozano. So, she figured out a way to build a science project volcano in his hospital room during his weeks of inpatient hospital care to correct issues with his heart. Engineering and watching the bedside eruption was a reward for Cash making it through another uncomfortable medical procedure. Tamara credits Ronald McDonald House® as her "home away from home" with giving her the ability to create a moment of joy for her son during a difficult time.

"Staying at Ronald McDonald House gives me peace of mind," says Tamara, who resides with Cash and her 15-year-old daughter Olivea in Somerton, about 10 miles south of Yuma. "I'm able to show up better for my son in big and small ways because my basic needs are taken care of at the House. I can detach from the hospital to sleep and recharge."



Doctors first noticed Cash's heart wasn't developing correctly during a routine anatomy ultrasound while Tamara was still pregnant. In the womb, Cash had both transposition of the great arteries, or TGA, and pulmonary stenosis, a narrowing of the pulmonary valve. Doctors explained Cash would need a series of surgeries to correct the congenital heart defects throughout the first few years of his life.

Tamara's first stay at RMHCCNAZ took place just a couple months after this discovery, while she was still pregnant and waiting to go into labor in Phoenix. In fact, the family has spent several stints at Ronald McDonald House as Cash underwent a series of surgeries at Phoenix Children's to correct the congenital heart defects. Cash's most recent hospitalization began with an emergency helicopter ride from Yuma to Phoenix after a bout with COVID caused colitis in his stomach. Cash's heart wasn't strong enough to pump oxygenated blood to his intestines, which sent him into shock. Surgeons had to wait for Cash's body to fight off the virus so he would be strong enough for the heart surgery that would save his life. Tamara slept on a small couch next to Cash's hospital bed until a spot became available at the Roanoke House in Phoenix. where she stayed for nearly 90 nights.

Four long weeks after he was initially Life Flighted from Yuma to Phoenix Children's, doctors decided the life-saving heart surgery couldn't wait any longer. Today, Cash is on his way to recovery. He was released from the hospital and will live at Ronald McDonald House with his mom and older sister for several weeks while he continues to get stronger and goes to frequent follow-up appointments.



Reflecting on her experience, Tamara explains how difficult it was not knowing if her son would survive. "All of my strength came from my faith," she said. Tamara hopes to return home to Somerton soon. But in the meantime, she's taking it one day at a time. "When I think too far into the future, I start to worry," says Tamara. "I have to remind myself that if something goes wrong, we have access to a hospital, and if we have to go to the hospital, we will have help from Ronald McDonald House. Our needs will be taken care of, and I only have to worry about being mom for Cash and Olivea."

Community Champions

Thank you to our generous partners for their support in 2023

Arizona Complete Health

Local McDonald's Restaurants

\$25,000 - \$49,999

Arrowhead Superior Refrigeration Service, LLC

Coca Cola - North America

Crescent Crown Distributing, LLC (partial In-Kind)

\$10,000 - \$24,999

AGK Restaurants

Alpha Delta Pi, Epsilon Xi Chapter/Alpha Delta Pi Foundation

Andrew Cannella

Becky and Lee Heriaud

BOK Foundation

Christy and Jerry Wernau

Collins Commercial Services, LLC/Mayra and Chad Collins

Concord General Contracting, Inc.

Phoenix Suns Charities The Ditzen Family Trust

The Kemper and Ethel Marley Foundation

Encore Global (partial In-Kind)

Estate of Cecil and Lela Gary

Hotel Valley Ho (partial In-Kind)

Mark and Karen Luebke Family Foundation

Copperhead Charities

Companies

Desert Ford Dealers

Association

/Tito's Handmade Vodka

Jason Beaver

\$50,000 - \$99,999

Arizona Community Foundation

Estate of Carol Daly

La-Z-Boy Arizona

Salt River Pima Maricopa **Indian Community**

Nan and Tim Corwin

Norma Pochopin Revocable Trust

Salt River Project (SRP)

Sharon K. Castle-Bills

Southwest PGA Foundation

Judith and Bill Schubert

Marti and Joel Vandevoort

Scott Harris Financial Group /Lanette and Scott Harris

Kitchell Foundation

McCain Foods USA

Motivated Mind Group*

Service1st Commercial Cleaning

The Board of Visitors

The Stingley Family

Thomas N Abdella MD

Foundation

Tyson Foods

Jim Pratt

CopperPoint Insurance

Advertising Association

Desert Sky Operators

Fifth Generation Inc.

Grossman Charitable Gift

Jane and Robert Crotty

Southern Glazer's Wine and Spirits*

Steven's Haven Charitable Foundation

Susie and Dave Allazetta

The Arizona Republic

The Martin-Brower Company, LLC

Thunderbirds Charities

True Group, Inc./Jennifer and Brian Salerno

Turbo Insurance Group

WBF Management, LLC

\$5,000 - \$9,999

Arizona Bank & Trust

Arizona Community Foundation of Yavapai County

Arizona Diamondbacks

Arizona Public Service (APS)

Asma and Dr. Mohammed Zara

AV Concepts

B&D Restaurants, Inc.

Banner Desert Medical Center

BeachFleischman PLLC

Bell Bank

Beus O'Connor McGroder

BMO Harris Bank

Britany and Sherman

McElróy

Caitlin Robb Foundation

Cardinals Charities

Caruso Construction, Inc.

Catherine Sanchez

Cindy and Ronen Aviram

Clayton Homes

Community Auctions

Corey and Chris Carney Cox Charities

Daniel E Ketchmark Irrevocable Trust

Dee and Mel Heller

Dillard's, Inc.

Donna Jean and Philip

Stover

Dr. Michele Halyard and Councilman Kevin Robinson

Drs. Sameer and Nandita

Keole

Fennemore

Fiona and John Nickerson

Fort McDowell Yavapai Nation

Fox Restaurant Concepts

GardaWorld Security

Gina Bridgeman

InteriorWorx Commercial

Flooring

Janice Camp

John Lane

JRG Restaurants

Kammi and Allen Debes

Lawrence Smith

Lerner & Rowe Gives Back

Linda and Steve Lanini

Live Nation*

Mary and Glenn Rufrano

Mayo Clinic - Department of Radiation Oncology

Mesa Hohokam Foundation,

Northern Trust Corporation

Pegram/Slayton Organization

Rhonda and John O'Neal

Robert L. Souza

S&D Restaurants, LLC

Saguaro Forest Advisors

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Stefanie and Brad Teufel

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Sundt Foundation

Team Emery'

The Ellie and Les Hayt Family Foundation

The Shepherd Charitable

Western Alliance Bank*

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